

HOME MADE CAKE – for birds!

Birds love fat cakes and at this time of year they are just what they need to give them energy and keep warm. But the feeding balls and cakes needn't be shop bought. All sorts of kitchen scraps such as cheese and dry porridge oats can be used and will last much longer than just putting seed out on the bird tables. Just mix with melted lard or suet and set in the fridge overnight. Avoid using turkey fat, which doesn't set like suet and lard, and can coat birds' feathers, preventing them from being able to fly. It can also spread disease. So let's get mixing!



1

The best ratio for this recipe is one part fat to two parts dry mixture. Mix all your dry ingredients together in a bowl.



2

Melt some lard or suet in a pan and add the dry mix. Stir well until the fat has all been absorbed and the mixture sticks together.



3

Make a hole in the bottom of a yoghurt pot and thread through a length of twine or string, then pack the pot with your warm fat mixture.



4

Place in the fridge overnight to set, then cut through and peel away the pot. Tie a big knot at one end of the twine to secure the cake.



5

Hang the cake in a tree or shrub and wait for the birds to come!

(taken from <http://www.gardenersworld.com/how-to/projects/wildlife-gardening/how-to-make-fat-cakes-for-birds/34.html>)



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